

# 2024-2025

# EMPLOYEE BENEFITS GUIDE

FOR BENEFITS EFFECTIVE: JULY 1, 2024 THROUGH JUNE 30, 2025

East Greenwich Board of Education offers you and your eligible family members a comprehensive and valuable benefits program. This guide has been developed to assist you in learning about your benefit options and how to enroll.

We encourage you to take the time to educate yourself about your options and choose the best coverage for you and your family.



# WELCOME TO EAST GREENWICH BOARD OF EDUCATION!



The East Greenwich Board of Education is committed to providing our employees with a comprehensive, valuable benefits package and the resources you need to understand all the options available to you.

As an employer, we recognize that our team members are our most valuable asset. The health and well-being of our team members and that of your families is important to us as is the overall health and well-being of the organization. This is why we are committed to sustaining the high value benefit plans we make available.

We encourage you to carefully review this guide to familiarize yourself with our 2024-2025 benefit offerings and ensure that you are making the best benefits decisions for you and your eligible family members.

## **Questions?**

If you have questions about your benefits, please contact the Conner Strong & Buckelew Member Advocacy Team at **800.563.9929** (Monday through Friday, 8:30 am to 5 pm ET) or go to www.connerstrong.com/memberadvocacy and complete the fields.

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## **ELIGIBILITY INFORMATION**



## Who is Eligible to Elect Benefits?

Full-time employees who work 30 hours per week or more.

## **Eligible Dependents**

- Spouse
- Civil Union Partner
- Child(ren)

# When Does Coverage for Dependent Children End?

- Medical & Prescription Drug Coverage: Young adults will be covered through the end of the calendar year in which they turn age 26.
- Dental Coverage: Dependent children are covered until the end of the calendar year in which age 26 is attained.
- A covered child not capable of self support when he or she reaches age 26 due to mental illness or incapacity, or a physical disability. Coverage for children with disabilities may continue only while the child is unmarried or does not enter into a civil union or domestic partnership, and the child remains substantially dependent on you for support and maintenance. You may be contacted periodically to verify that the child remains eligible for coverage.
- To continue coverage for a handicapped child evidence of the child's incapacity and dependency must be provided to the Business Office at least 31 days prior to the termination of coverage.

## **Benefit Waiting Period**

Benefits start the first day of the month for an employee who starts the first day of the month. If an employee starts mid-month, benefits would start the first day of the following month.

## **NJ Dependent Under 31 Coverage**

Certain young adults over age 26 may be eligible for continued coverage until age 31 under the NJ Dependent Under 31 for medical and prescription benefits, only. In order to be eligible for the coverage, the young adult must meet certain criteria such as:

- Under the age of 31
- Had previously maintained creditable coverage from any state
- Unmarried
- Has no children or dependents of their own
- Lives in New Jersey or, if not a New Jersey resident, is a full-time student at an accredited institution of higher education
- Not eligible for Medicare and is not actually covered under another group or individual health plan

For full eligibility details, please visit www.state.nj.us/dobi/division\_consumers/du31.html or call the NJ Department's Consumer Protection Services at 609.292.7272.

Please note, the young adult would be the one billed directly for coverage. Please contact the Business Office for monthly premium rates and enrollment forms.



## **ENROLLMENT & MAKING PLAN CHANGES**



#### **How to Enroll**

You must complete an enrollment or waiver form if:

- You wish to add/terminate dependents from your medical, prescription drug or dental benefits coverage.
- You are enrolling in benefits for the first time.

Please refer to the BenePortal site for a copy of the enrollment form. **Completed forms must be returned to the Business Office.** 

## **How Often Can I Change Plan Elections?**

IRS Section 125 prohibits you from changing your enrollment during the plan year. Unless you have a qualified life event, you cannot make changes to the benefits you elect until the next Open Enrollment period.

Qualified life events include: marriage, divorce, death of a spouse, civil union partner or a dependent, birth or adoption of a child, termination or commencement of employment for your spouse/civil union partner, a change in employment status (full-time to part-time or part-time to full-time) for you or your spouse/civil union partner that affects benefits.

If an eligible dependent had other coverage and such coverage is lost, the eligible dependent may be eligible for enrollment during a "special enrollment period," which is usually the 60-day period following the date that other coverage was lost, due to a qualified change in status.

You must notify the Payroll and Benefits Administrator within 60 days of experiencing a qualified status change. For birth of a child or adoption, please notify the business office within 60 days.



## MEDICAL PLAN OPTIONS



## **AETNA & AMERIHEALTH ADMINISTRATORS**

Through the Schools Health Insurance Fund (SHIF), East Greenwich BOE offers the following medical plan options to their staff, administered by Aetna and AmeriHealth Administrators.

- Employees hired on/after 7/1/2020 may only elect either the NJEHP or GSP for medical coverage and must be enrolled in the corresponding NJEHP or GSP prescription plan, administered by Benecard.
- All other employees may elect any options offered by the District.

NOTE: Dependents are eligible for benefits until the end of the calendar year he/she turns age 26.

	NJEHP	GSP*	HMO \$15	POS \$10
IN-NETWORK BENEFITS				
<b>Calendar Year Deductible</b> Individual Family	None	None	None	None
<b>Out-of-Pocket Maximum</b> Individual Family	\$500 \$1,000	\$500 \$1,000	\$5,480 \$10,960	\$400 \$1,000
Preventive Services	100% Covered	100% Covered	100% Covered	100% Covered
PCP Office Visits	\$10 Copay	\$10 Copay	\$15 Copay	\$10 Copay
Specialist Office Visit	\$15 Copay	\$15 Copay	\$15 Copay	\$10 Copay
Diagnostic Lab & X-Ray	100% Covered	100% Covered	100% Covered	100% Covered
Imaging (CT/PET Scans, MRIs)	100% Covered	100% Covered	100% Covered	100% Covered
Inpatient Hospital	100% Covered	100% Covered	100% Covered	100% Covered
Outpatient Surgery	100% Covered	100% Covered	100% Covered	100% Covered
Ambulance	90% Covered	90% Covered	100% Covered	90% Covered
Emergency Room	\$125 Copay	\$125 Copay	\$150 Copay	\$25 Copay
Urgent Care	\$15 Copay	\$15 Copay	\$15 Copay	\$10 Copay
Durable Medical Equipment	90% covered	90% covered	100% Covered	90% Covered
Vision Exam	\$15 Copay 1 exam/calendar year	\$15 Copay 1 exam/calendar year	\$15 Copay 1 exam/calendar year	\$10 Copay 1 exam/calendar year
OUT-OF-NETWORK BENEFITS				
<b>Deductible</b> Individual Family	\$350 \$700	\$350 \$700		\$100 \$250
<b>Out-of-Pocket Maximum</b> Individual Family	\$2,000 \$5,000	\$2,000 \$5,000	Covered for Emergency Services Only	\$2,000 \$5,000
Coinsurance (% Plan Pays)	70% after deductible	70% after deductible		80% after deductible

<sup>\*</sup> GSP is a network of NJ providers only. Out of state services will not be covered unless it is a true medical emergency.

<sup>\*\*</sup> Preauthorization may be required for certain services.

<sup>\*\*</sup> For the NJEHP and GSAP, the employee's contribution is based on the new salary contribute schedule. For all other plans, your employee contribution will remain the same per your collective bargaining agreement.

<sup>\*\*\*</sup> This overview is being provided as a convenient reference tool and is not a complete overview of the benefits being offered through your medical plans. Some plan limitations may apply. Please refer to the plan documents provided by your carriers for detailed plan information. If there is any discrepancy between the descriptions of the program elements in this overview and the official plan documents, the language of the official plan documents shall prevail as accurate.

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- All other employees may elect any options offered by the District.

NOTE: Dependents are eligible for benefits until the end of the calendar year he/she turns age 26.

	POS \$15	POS \$20	HMO \$20/\$35	MINIMUM VALUE PLAN
IN-NETWORK BENEFITS				
<b>Calendar Year Deductible</b> Individual Family	None	None	\$500 \$1,000	\$3,500 \$7,000
Out-of-Pocket Maximum Individual Family	Network Coinsurance: \$400 Individual/ \$1,000 Family Network Copays: \$5,480 Individual/ \$10,960 Family	Network Coinsurance: \$400 Individual/\$1,000 Family Network Copays: \$5,480 Individual/ \$10,960 Family	\$4,000 \$8,000	\$6,000 \$12,000
Preventive Services	100% Covered	100% Covered	100% Covered	100% Covered
PCP Office Visits	\$15 Copay	\$20 Copay	\$20 Copay	\$35 Copay
Specialist Office Visit	\$15 Copay	\$20 Copay	\$35 Copay	\$70 Copay
Diagnostic Lab & X-Ray	100% Covered	100% Covered	Lab: No Charge X-Ray: \$35 Copay	\$70 Copay
Imaging (CT/PET Scans, MRIs)	100% Covered	100% Covered	\$35 copay	\$70 Copay
Inpatient Hospital	100% Covered	100% Covered	\$50 copay/day; Up to 5 days No Charge for Physician/Surgeon	\$200 copay/day; Up to 5 days 70% covered for Physician/Surgeon
Outpatient Surgery	100% Covered	100% Covered	100% Covered	\$100 Facility Fee No Charge for Physician/Surgeon
Ambulance	90% Covered	90% Covered	90% Covered	70% Covered
Emergency Room	\$50 Copay	\$150 Copay	\$100 Copay	\$150 Copay
Urgent Care	\$15 Copay	\$15 Copay	\$35 Copay	\$70 Copay
<b>Durable Medical Equipment</b>	90% Covered	90% Covered	90% Covered	70% Covered
Vision Exam	\$15 Copay 1 exam/calendar year	\$20 Copay 1 exam/calendar year	No Charge 1 exam/calendar year	No Charge 1 exam/calendar year
OUT-OF-NETWORK BENEFITS				
<b>Deductible</b> Individual Family	\$100 \$250	\$100 \$250	Covered for Emergency Covices	\$7,000 \$14,000
<b>Out-of-Pocket Maximum</b> Individual Family	\$2,000 \$5,000	\$2,000 \$5,000	Covered for Emergency Services Only	\$12,000 \$24,000
Coinsurance (% Plan Pays)	70% after deductible	70% after deductible		50% after deductible

<sup>\*</sup> Preauthorization may be required for certain services.

<sup>\*\*\*</sup> This overview is being provided as a convenient reference tool and is not a complete overview of the benefits being offered through your medical plans. Some plan limitations may apply. Please refer to the plan documents provided by your carriers for detailed plan information. If there is any discrepancy between the descriptions of the program elements in this overview and the official plan documents, the language of the official plan documents shall prevail as accurate.

## MAXIMIZE YOUR BENEFITS



# Always Consider Your In-Network Options First

You will typically pay less for covered services when providers are in-network with your medical plan. In-network providers agree to discounted fees. You are responsible only for any copay, coinsurance, or deductible that is included in your plan design. The amount you are required to pay out-of-pocket for out-of-network services may be significant.

# To Locate Participating In-Network Providers:

- Aetna Participants: Visit www.aetna.com and select
   "Find a Doctor."
- AmeriHealth Administrators Participants: Visit www.myahabenefits.com, select "Members" and then "Find a Doctor."

# Make Sure You are Using In-Network Labs

- Aetna Participants may use either Quest Diagnostics or LabCorp for lab work.
- AmeriHealth Administrators Participants must be sure that their providers send all blood work to a LabCorp location or other free standing lab. <u>Quest Diagnostics is</u> <u>not participating in the AmeriHealth Administrators</u> <u>network.</u>



### **In-Patient or Observation:**

The difference between *inpatient* and *observation* status is important because benefits and provider payments are based on the status. Patients admitted under observation status are considered outpatients, even though they may stay in the hospital and receive treatment in a hospital bed.

Hospital admission status may affect coverage for services such as skilled nursing. Some health plans, including Medicare, require a three-day hospital inpatient stay minimum before covering the cost of rehabilitative care in a skilled nursing care center. However, observation stays regardless of length, do not count towards the requirement.

A new law requires hospitals to give Medicare patients notice of an observation status within 36 hours. This status determines how the hospital bills your health plan. Even if you are NOT under Medicare, when you or your family member arrives at the hospital, you can ask guestions like:

- Is the patient's status inpatient or observation?
- How long will the hospital stay be?
- Will there be a need for specialized skilled or rehab care after discharged?

Asking these questions throughout the hospital stay is important because hospitals can change the status from one day to the next. You can ask to have the status changed, but it is important to do so while still in the hospital. If necessary, you can request the hospital's patient advocate for assistance.

## HOW TO FIND IN-NETWORK PROVIDERS

## To Find Participating Aetna Providers

STEP 1: Visit Aetna's website at www.aetna.com

**STEP 2:** At the middle of the webpage on the right,

click on "Find a Doctor"

**STEP 3:** On the right side of the page under Guest,

select "Plan from an employer" (1st choice on

the list)

**STEP 4:** Under Continue as a Guest, enter your zip

code, city, state or county

**STEP 5:** You will be asked to "Select a Plan". Use the

key below to help you make the correct

selection:

IF YOU'RE ENROLLING IN	DOCFIND PLAN SELECTION IS
NJ Educators Health Plan, POS \$10, POS \$15, POS \$20	Category Heading = <u>Aetna Open Access</u> <u>Plans</u> Plan Name = Aetna Choice POS II (Open Access)
Aetna Garden State Plan	Category Heading = <u>Aetna Whole Health</u> <u>Plan</u> Plan Name = (NJ) Aetna Whole Health  New Jersey Choice POS II
HMO \$15, HMO \$20/\$35	Category Heading = <u>Aetna Standard</u> <u>Plans</u> Plan Name = HMO

# How to Find Participating AmeriHealth Administrators Providers

**STEP 1:** Visit the AHA website at

www.myahabenefits.com

**STEP 2:** At the bottom of the webpage on the right,

click on "Find a Doctor"

**STEP 3:** Search providers by category, specialty and

much more!

Once you search for a list of doctors, you can click on the providers name and then view information such as:

Credentials

• Hospital affiliations

• Review from other members

Office hours

Gender

Specialty

• Language Spoken

National Provider Number (NPI)

Easily compare up to five doctors and hospitals at once. You can compare specialties, education, board certifications, quality reviews, and more.

**Please note:** If searching for a **Garden State Plan Provider**, for accurate results, fill in your location and search for the **Local Value Network** at the top of the page.



## **TELEMEDICINE**

## **TELADOC**



# ACCESS TO HIGH QUALITY CARE AT A LOWER COST - WITH A **\$0 COPAY!**

Telemedicine offers physician-based care around-theclock at lower costs compared to visiting an urgent care center or emergency room. Plan members can use readily available technology and tools - toll-free number, secure website, or mobile app - to consult with a U.S. board certified physician.

With access to doctors 24 hours a day, 365 days a year.

Teladoc provides lost cost telemedicine that can help improve outcomes, speed recovery and eliminate wait time.

Plan members can consult with a licensed physician by: calling the toll-free number, logging into the secure website, or using the mobile app. Physicians can also prescribe medications, if needed.

#### When to Use Teladoc

Teladoc doctors can treat a wide range of non-emergency conditions, including:

- Acne
- Allergies
- Cold and flu
- Constipation
- Cough
- Diarrhea
- Ear problems
- Fever
- Headache
- Insect bites

- Nausea
- Pink eye
- Rash
- Respiratory problems
- Sore throat
- Urinary tract infections
- Vaginitis
- Vomiting

# Mental Healthcare Services Enhancement

This enhancement allows members to have 24/7 video access to licensed psychiatrists, therapists, and psychologists to help treat a broad range of issues.

Common conditions members may utilize the service for are:

- Anxiety/Stress
- Depression
- Work Pressures
- ADHD

The services are confidential and secure, and are also available at a \$0 copay\* to all employees currently enrolled in benefits with the district.

## **Get Started With Teladoc Today**

To take advantage of this great benefit, contact Teladoc in any of the following ways:

- Via phone: 855.835.2362
- · Via the web: www.TeladocHealth.com
- Via mobile app: Go to www.Teladoc.com/Mobile to learn more or download the mobile app from the App Store or Google Play



<sup>\*</sup> Members participating in a High Deductible Health Plan (HDHP) may have a copay if their INN deductible has not been met.

## KNOW WHERE TO GET CARE

## Save Time and Money!

Avoid long waits at the Emergency Room and reduce your out-of-pocket costs by utilizing Telemedicine and Urgent Care Centers for ailments that are not life-threatening. Both of these options provide fast, effective care - when you need care fast.

#### **Know Where to Get Care**

Visits to the ER can be very costly, so before you go to the ER, consider whether your condition is truly an emergency or if you can receive care from Telemedicine or at an Urgent Care Center instead.

#### **Telemedicine Urgent Care Center Emergency Room** Cold/Flu · Allergic reactions · Heart attack Allergies Bone x-rays, sprains Stroke symptoms or strains Animal/ · Chest pain, numbness insect bite · Nausea, vomiting, in limbs or face, diarrhea difficulty speaking, Bronchitis shortness of breath Fractures · Skin problems · Coughing up blood Whiplash Respiratory · High fever with stiff · Sports injuries infection neck, confusion or · Sinus problems · Cuts and minor difficulty breathing lacerations · Strep throat · Sudden loss of Infections • Pink eye/ consciousness Eye irritation Tetanus vaccinations Excessive blood loss · Urinary issues · Minor burns and

#### **How to Access Telemedicine 24/7**

#### \$0 Cost Telemedicine vs. Virtual Office Visits

Please note that Telemedicine services are different from virtual/telephonic office visits with your participating provider. Most Schools Health Insurance Fund (SHIF) Health Plans have a \$0 copay for the Telemedicine Services (Teladoc) listed below.

Virtual/Telephonic Office Visits with your participating provider may require a copay or coinsurance in accordance with your specific health plan. For more information on your cost-share for virtual visits, please consult your insurance carrier at the customer service number on the back of your ID card.

#### **Teladoc**

- Via phone: 855.835.2362
- Via the web: www.TeladocHealth.com
- Via mobile app: Go to www.Teladoc.com/Mobile to learn more or download the mobile app from the App Store or Google Play



rashes

## **URGENT CARE CENTERS**

Urgent Care Centers are on **average 80% less costly than**Emergency Rooms. Plus, the Urgent Care copay matches your
Specialist copay!

Urgent care centers are a **convenient**, **cost-effective** medical care alternative when your primary care physician is unavailable. Typically no appointments are necessary at most urgent care centers, and hours extend beyond regular doctor's office hours making them available earlier and later than your primary care physician. Most are open **7 days a week! To find an In-Network Urgent care center near you visit your medical carrier's website** 

Treatment at urgent care centers are useful and appropriate for medical services that are not an emergency and require additional treatment such as:

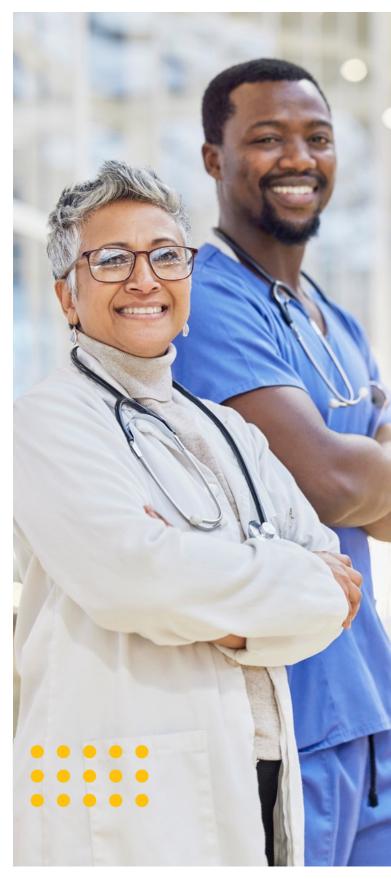
- Allergies
- Asthma
- Sore Throat
- Stiches
- Far Infection

Below is the emergency room cost compared against the urgent care cost for certain medical plans offered to employees of East Greenwich:

Plans	Emergency Room Copay	Urgent Care Copay	Estimated Savings
NJEHP	\$125	\$15	\$110
GSP*	\$125	\$15	\$110
HMO \$15	\$150	\$15	\$135
POS \$10	\$25	\$10	\$15

<sup>\*</sup> GSP is a network of NJ providers only. Out of state services will not be covered unless it is a true medical emergency.

If your medical need is more urgent or life-threatening, please go right to the Emergency Room



## CVS MINUTE CLINICS AND HEALTH HUBS\*



## minute clinic°

CVS Minute Clinics offer a broad range of services to keep you and your family healthy. In addition to diagnosing and treating illnesses, injuries and skin conditions, they provide wellness services including vaccinations, physicals, screenings and monitoring for chronic conditions.

- Located in select CVS pharmacies and Target stores nationwide
- No appointments necessary
- Visits usually last less than 30 minutes
- A record of your visit can be sent to your family doctor
- Open seven days a week with convenient evening hours

#### CVS Minute Clinic Practitioners Can:

- Treat common illnesses, like strep throat, ear ache, pink eye, and sinus infection
- Treat minor injuries and skin conditions
- Provide vaccinations such as flu, pneumonia, and hepatitis A/B
- Write prescriptions when appropriate
- Treat patients 18 months and older

## HealthHUB.

CVS HealthHUB offers an expanded range of health services and wellness products for everyday care and chronic conditions. To learn more or to find a HealthHUB location, visit:

https://CVS.com/HealthHub.

# Health Hubs Offer the Following Services:

- Nutritional Counseling
- Durable Medical Equipment
- A Health Concierge
- Enhanced Minute Clinic service offerings
- Enhanced Pharmacist counseling services
- Community programs and meeting spaces

\* Prior to visiting a Minute Clinic or Health Hub, please check with your medical insurer to find out which facilities in your area may be participating with your plan.

## PRESCRIPTION DRUG OPTIONS

## **BENECARD**

East Greenwich BOE offers the following prescription plan options to their staff, administered by Benecard.

- Employees hired on/after 7/1/2020 may only elect either the NJEHP or GSP for medical coverage and must be enrolled in the corresponding NJEHP or GSP prescription plan, administered by Benecard.
- All other employees may elect any options offered by the District.

**NOTE:** Dependents are eligible for benefits until the end of the calendar year he/she turns age 26.

	NJEHP/GSP RX \$8/\$15		RX RETAIL 20% COINSURANCE
RETAIL PHARMACY			
Generic	\$5 Copay	\$8 copay	20% coinsurance
Brand Without Generic Alternative	\$10 Copay	\$15 copay	20% coinsurance
Brand With Generic Alternative	Member Pays Brand Copay Plus Difference in Cost Between Generic & Brand Drug	\$15 copay	20% coinsurance
Retail Dispensing Limitation	30 day supply	90 day supply (1 copay per 30 day supply)	90 day supply (1 copay per 30 day supply)
MAIL ORDER (UP TO A 90	D-DAY SUPPLY)		
Generic	\$10 Copay	\$5 copay	20% coinsurance
Brand Without Generic Alternative	\$20 Copay	\$15 copay	20% coinsurance
Brand With Generic Alternative	Member Pays Brand Copay Plus Difference in Cost Between Generic & Brand Drug	\$15 copay	20% coinsurance
Mail Order Dispensing Limitation	90 day supply	90 day supply	90 day supply
ADDITIONAL FEATURES			
Step Therapy	Applies	Applies	Applies
Mandatory Generic	Applies	Not Applicable	Applies
Mail Order for Specialty Medications	Applies	Applies	Applies
Performance Preferred Medication	Applies	Not Applicable	Not Applicable

## **Save on Your Prescriptions**

Using the mail order program for your maintenance medications will save you money. In addition to the savings, your prescriptions will be delivered right to your home.

Refilling your order is easy and can be done over the phone.

For more information or to begin using mail order, simply contact Benecard at 877.723.6005.



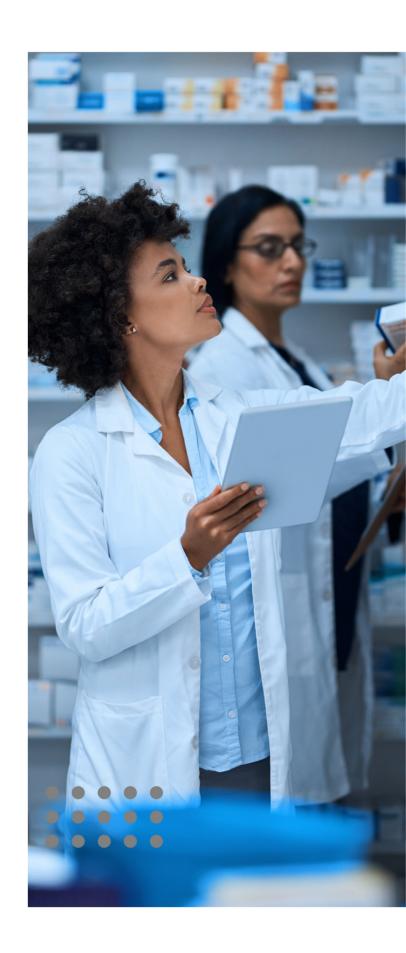
## ADDITIONAL PRESCRIPTION PLAN INFORMATION

## **BENECARD**

The following additional features will apply to some of the prescription plan offerings. Please refer to your Benecard Member Brochures posted on your BenePortal for further details.

- Mandatory Generics: Pharmacists must dispense the generic equivalent medication when available. If a member fills the brand name drug instead, they will be responsible for the brand drug copay plus the difference in cost between the brand and generic medication. (Applies to NJEHP, GSP and Rx Retail 20%).
- Step Therapy: Requires a trial with a lower cost medication before the member is given approval for a higher cost medication, when clinically appropriate. If a member purchases the higher cost medication without prior approval, then the medication will not be covered. (Applies to NJEHP, GSP, Rx Retail \$8/\$15, Retail 20% Coinsurance).
- Formulary List: A guide for selecting clinically and therapeutically appropriate medications. This list includes a majority of brand and generic medications, and also lists certain medications which will not be covered. The formulary updates throughout the year, and brand name drugs may move to non-formulary status if a generic version becomes available during the year. For the most up to date version, please visit the Benecard website using the following link:

https://benecardpbf.com



## SAVE MONEY USING MAIL ORDER

## **BENECARD**



## **HOW MUCH CAN YOU SAVE WHEN USING MAIL ORDER?**

**COMPARE FOR YOURSELF...** 

NJEHP/GSP				
RETAIL PHARMACY	MAIL ORDER	ANNUAL SAVINGS		
Generic Copay <b>\$5</b>	Generic Copay <b>\$10</b>	_		
Annual Cost (\$5 per month x 12 fills) <b>\$60</b>	Annual Cost (\$10 per order x 4 fills per year) <b>\$40</b>	\$20		
Preferred Brand Copay	Preferred Brand Copay <b>\$20</b>	<b>A</b> 4.0		
Annual Cost (\$10 per month x 12 fills) <b>\$120</b>	Annual Cost (\$20 per order x 4 fills per year) <b>\$80</b>	\$40		

## HOW MUCH CAN YOU SAVE WHEN USING MAIL ORDER?

**COMPARE FOR YOURSELF...** 

	RX \$8/\$15		
RETAIL PHARMACY	MAIL ORDER	ANNUAL SAVINGS	
Generic Copay <b>\$8</b>	Generic Copay <b>\$5</b>		
Annual Cost (\$8 per month x 12 fills) <b>\$96</b>	Annual Cost (\$5 per order x 4 fills per year) <b>\$20</b>	\$76	
Preferred Brand Copay	Preferred Brand Copay <b>\$15</b>	Å100	
Annual Cost (\$15 per month x 12 fills) <b>\$180</b>	Annual Cost (\$15 per order x 4 fills per year) <b>\$60</b>	\$120	



## DENTAL PLAN OPTIONS

## **DELTA DENTAL**



Below is a summary of the dental plan options available to you and your family through the Schools Health Insurance Fund (SHIF), administered by Delta Dental. For additional information regarding your dental contributions, please refer to your Business Office for assistance.

NOTE: Dependents are eligible for benefits until the end of the calendar year that he or she turns 26.

#### **PPO PLUS PREMIER ADVANTAGE PROGRAM**

BENEFITS	EMPLOYEE PLAN	DEPENDENT PLAN
Calendar Year Deductible Individual Family Aggregate	N/A N/A	N/A N/A
Calendar Year Maximum (per patient)	\$1,000	\$1,000
<b>Preventive Care</b> Exams, Cleanings, Bitewing X-rays, Sealants (permanent molars only), Fluoride Treatment	Plan pays 100%	Plan pays 60%
<b>Basic Services</b> Fillings, Extractions, Endodontics (root canal), Periodontics, Oral Surgery	Plan pays 75%	Plan pays 50%
Major Services Crowns, Gold Restorations, Bridgework, Full and Partial Dentures, Osseous Surgery	Plan pays 50%	Plan pays 50%
Orthodontia Benefits (Adult and Child)	N/A	50% (Child Only)
Orthodontia Lifetime Maximum (per patient)	N/A	\$1,000

This is for illustrative purposes only. For complete listing of covered services, plan limitations, deductibles and maximums, please consult your benefit booklet or contact Delta Dental's service department at 800-452-9310.

#### Find a Dental Provider

- Visit www.deltadental.com
- One there, you may sign into your account or continue as a guest.
- Choose a plan to start (i.e. Delta Dental Premier Plan)
- Click Search by Current Location and enter Zip Code to limit options



## **GUARDIAN NURSES**

## STRUGGLING WITH A HEALTHCARE ISSUE?

#### For Your Benefit...

Our Mobile Care Coordinator RNx, backed by a team of registered nurses, are ready to respond whenever you are struggling with a healthcare issue. They can:

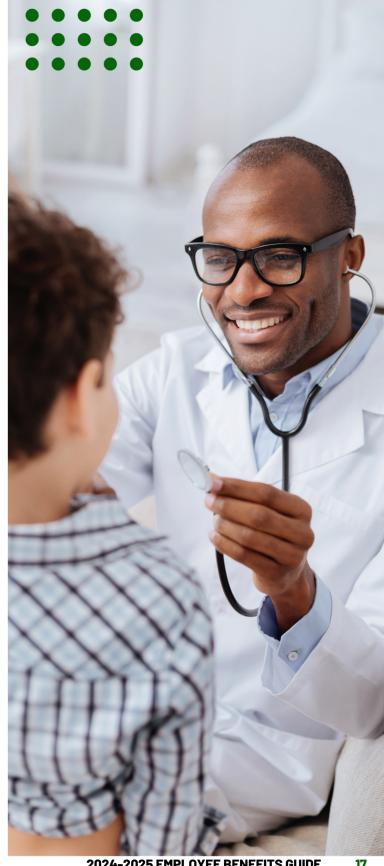
- Visit you at home or in the hospital to assess your care needs.
- Be your guide, coach and advocate for any healthcare
- Make appointments so you can be seen as quickly as possible.
- Go with you to see doctors, to ask questions and to get answers.
- Identify providers for all care needs and second opinions.
- Get things you need such as healthcare equipment.
- Provide decision support when you are thinking about treatments or surgery.
- Explain a new diagnosis to help you make informed decisions.

## Who is Eligible?

The services of our Mobile Care Coordinator Nurses are available to members of the Schools Health Insurance Fund (SHIF) and their covered dependents. All services are free and confidential.

#### **Contact Information**

To request help from our Mobile Care Coordinators or the team at Guardian Nurses, call 215.836.0260 or toll-free 888.836.0260.



## BENEFITS MEMBER ADVOCACY CENTER

## **CONNER STRONG & BUCKELEW**

Don't get lost in a sea of benefits confusion! With just one call or click, the Benefits MAC can help guide the way!

The Benefits Member Advocacy Center (Benefits MAC), provided by Conner Strong & Buckelew, can help you and your covered family members navigate your benefits. Contact the Benefits MAC to:

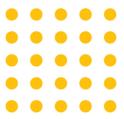
- Find answers to your benefits questions
- Search for participating network providers
- Clarify information received from a provider or your insurance company such as a bill, claim, or explanation of benefits (EOB)
- Rescue you from a benefits problem you've been working on
- Discover all that you benefit plans have to offer!

Member Advocates are available Monday through Friday, 8:30am to 5:00pm (Eastern Time). After hours, you will be able to leave a message with a live representative and receive a response by phone or email during business hours within 24 to 48 hours of your inquiry.

## **How to Contact Member Advocacy?**

You may contact the Member Advocacy Team in any of the following ways:

- Via phone: 800.563.9929, Monday through Friday, 8:30 am to 5:00 pm (Eastern Time)
- Via the web: www.connerstrong.com/memberadvocacy
- Via email: cssteam@connerstrong.com





## VALUE-ADDED SERVICES

## **CONNER STRONG & BUCKELEW**

#### **Benefit Perks**

This feature provides a broad array of services, discounts and special deals on consumer services, travel services, recreational services and much more. Simply access the site and register and you can begin using it now.

Learn more at: https://connerstrong.corestream.com

## **HUSK Marketplace**

Achieving optimal health and wellness doesn't have to be complicated or expensive. Access exclusive best-in-class pricing with some of the biggest brands in fitness, nutrition, and wellness with HUSK Marketplace (formerly GlobalFit).

Learn more at:

https://marketplace.huskwellness.com/connerstrong

## GoodRX

Compare drug prices at local and mail-order pharmacies and discover free coupons and savings tips.

Learn more at: www.goodrx.com

## HealthyLearn

This resource covers over a thousand health and wellness topics in a simple, straight-forward manner. The HealthyLearn On-Demand Library features all the health information you need to be well and stay well.

Learn more at: https://healthylearn.com/connerstrong



## QUESTIONS? WHO TO CALL...

The resources identified below are available to assist you with any questions that you may have about your benefits.

QUESTIONS REGARDING	CONTACT	PHONE NUMBER	WEBSITE/EMAIL
Medical Benefits - Aetna Benefit questions, claims, locating a provider, printing new ID cards	Aetna	855-281-8858	www.aetna.com
Medical Benefits - Amerihealth Administrators Benefit questions, claims, locating a provider, printing new ID cards	AmeriHealth Administrators	844-352-1706	www.myahabenefits.com
Prescription Benefits - Benecard Benefit questions, claims, locating a provider, printing new ID cards	Benecard	877-723-6005	www.benecardpbf.com
<b>Dental Benefits - Delta Dental</b> Benefit questions, claims, locating a provider, printing new ID cards	Delta Dental	800-452-9310	www.deltadentalnj.com
Nurse Advocacy	Guardian Nurses	888-836-0260	www.guardiannurses.com
Telemedicine	Teladoc	855-835-2362	www.teladoc.com
Plan Options, Benefit Questions and Claims Issues	Member Advocacy	800-563-9929	www.connerstrong.com/memberadvocacy



## LEGAL NOTICES

#### Availability of Summary Health Information

As an employee, the health benefits available to you represent a significant component of your compensation package. They also provide important protection for you and your family in the case of illness or injury.

East Greenwich BOE offers a series of health coverage options. You should receive a Summary of Benefits and Coverage (SBC) during Open Enrollment. These documents summarize important information about all health coverage options in a standard format. Please contact Human Resources if you have any questions or did not receive your SBC.

#### Patient Protection and Affordable Care Act

Please note: the medical plans are considered compliant with the Patient Protection and Affordable Care Act. There are no annual limits, dependent children can be covered to age 26 and preventive care is covered at 100% with no member cost-sharing and the pre-existing exclusion limitations have been removed.

As new Health Care Reform requirements become effective, the East Greenwich BOE plans will be modified. We are fully committed to complying with all regulations and intend to notify you as soon as possible of any change(s).

#### Newborns' and Mothers' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

#### **Women's Health and Cancer Rights Act**

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- all stages of reconstruction of the breast on which the mastectomy was performed;
- surgery and reconstruction of the other breast to produce a symmetrical appearance; prostheses; and
- treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other benefits. If you have any questions, please speak with Human Resources.

#### Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2024. Contact your State for more information on eligibility -

ALABAMA - Medicaid

Website: http://myalhipp.com/ Phone: 1-855-692-5447

ALASKA - Medicaid

The AK Health Insurance Premium Payment Program

Website: http://myakhipp.com/ Phone: 1-866-251-4861

Email: CustomerService@MyAKHIPP.com

Medicaid Eligibility: https://health.alaska.gov/dpa/Pages/default.aspx

ARKANSAS - Medicaid Website: http://myarhipp.com/

Phone: 1-855-MyARHIPP (855-692-7447)

CALIFORNIA - MEDICAID

Health Insurance Premium Payment (HIPP) Program

http://dhcs.ca.gov/hipp Phone: 916-445-8322 Fax: 916-440-5676 Email: hipp@dhcs.ca.gov

COLORADO - Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus

Health First Colorado Website: https://www.healthfirstcolorado.com/

Health First Colorado Member Contact Center:

1-800-221-3943/State Relay 711

CHP+: https://hcpf.colorado.gov/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991/State Relay 711

Health Insurance Buy-In Program (HIBI): https://www.mycohibi.com/

HIBI Customer Service: 1-855-692-6442

FLORIDA - Medicaid

Website:https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html

Phone: 1-877-357-3268

GEORGIA - Medicaid

 ${\it GA~HIPP~Website:}~https://medicaid.georgia.gov/health-insurance-premium-payment-program-payment-p$ 

Phone: 678-564-1162, Press 1

GA CHIPRA Website: https://medicaid.georgia.gov/programs/third-party-liability/childrens-

health-insurance-program-reauthorization-act-2009-chipra

Phone: 678-564-1162, Press 2

INDIANA - Medicaid

Healthy Indiana Plan for low-income adults 19-64

Website: http://www.in.gov/fssa/hip/

Phone: 1-877-438-4479 All other Medicaid

Website: https://www.in.gov/medicaid/

Phone 1-800-457-4584

IOWA - Medicaid and CHIP (Hawki)

Medicaid Website: https://dhs.iowa.gov/ime/members

Medicaid Phone: 1-800-338-8366

Hawki Website: http://dhs.iowa.gov/Hawki

Hawki Phone: 1-800-257-8563

HIPP Website: https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp

HIPP Phone: 1-888-346-9562

KANSAS - Medicaid

Website: https://www.kancare.ks.gov/

Phone: 1-800-792-4884 HIPP Phone: 1-800-766-9012

## LEGAL NOTICES

KENTUCKY - Medicaid

Kentucky Integrated Health Insurance Premium Payment

Program (KI-HIPP) Website:

https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.as

ny

Phone: 1-855-459-6328 Email: KIHIPP.PROGRAM@ky.gov KCHIP Website: https://kynect.ky.gov

Phone: 1-877-524-4718 Kentucky Medicaid Website: https://chfs.ky.gov/agencies/dms

LOUISIANA - Medicaid

Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488

(LaHIPP)

MAINE - Medicaid Enrollment Website:

www.mymaineconnection.gob/benefits/s/?language=en\_US

Phone: 1-800-442-6003 TTY: Maine relay 711
Private Health Insurance Premium Webpage:
https://www.maine.gov/dhhs/ofi/applications-forms

Phone: 800-977-6740 TTY: Maine relay 711

MASSACHUSETTS - Medicaid and CHIP

Website: https://www.mass.gov/masshealth/pa

Phone: 1-800-862-4840 TTY: 711

Email: masspremassistance@accenture.com

MINNESOTA - Medicaid

Website: https://mn.gov/dhs/people-we-serve/childrenand-families/health-care/health-care-programs/programs-

and-services/other-insurance.jsp

Phone: 1-800-657-3739

MISSOURI - Medicaid

Website:

http://www.dss.mo.gov/mhd/participants/pages/hipp.htm

Phone: 1-573-751-2005

MONTANA - Medicaid

Website:

http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP

Phone: 1-800-694-3084 Email: HHSHIPPProgram@mt.gov

NEBRASKA - Medicaid

Website: http://www.ACCESSNebraska.ne.gov

Phone: (855) 632-7633 Lincoln: (402) 473-7000 Omaha: (402) 595-1178

NEVADA - Medicaid

Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900

NEW HAMPSHIRE - Medicaid

Website: https://www.dhhs.nh.gov/programsservices/medicaid/health-insurance-premium-program

Phone: 603-271-5218

Toll free number for the HIPP program: 1-800-852-3345, ext

5218

NEW JERSEY - Medicaid and CHIP

Medicaid Website: http://www.state.nj.us/humanservices/dmahs/clients/medicaid/

Medicaid Phone: 609-631-2392

CHIP Website: http://www.njfamilycare.org/index.html

CHIP Phone: 1-800-701-0710

NEW YORK - Medicaid

Website:https://www.health.ny.gov/health\_care/medicaid/

Phone: 1-800-541-2831

NORTH CAROLINA - Medicaid

Website: https://medicaid.ncdhhs.gov/

Phone: 919-855-4100

NORTH DAKOTA - Medicaid

Website: https://www.hhs.nd.gov/healthcare

Phone: 1-844-854-4825

OKLAHOMA - Medicaid and CHIP

Website: http://www.insureoklahoma.org

Phone: 1-888-365-3742 OREGON - Medicaid

Website: http://healthcare.oregon.gov/Pages/index.aspx

Phone: 1-800-699-9075

PENNSYLVANIA - Medicaid and CHIP

Wehsite:

https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP-

Program.aspx Phone: 1-800-692-7462 CHIP Website:

https://www.dhs.pa.gov/CHIP/Pages/CHIP.aspx

CHIP Phone: 1-800-986-KIDS (5437)

RHODE ISLAND - Medicaid and CHIP Website: http://www.eohhs.ri.gov/

Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share

Line)

SOUTH CAROLINA - Medicaid Website: https://www.scdhhs.gov

Phone: 1-888-549-0820

SOUTH DAKOTA - Medicaid Website: http://dss.sd.gov Phone: 1-888-828-0059

TEXAS - Medicaid

Website:

https://www.hhs.texas.gov/services/financial/health-

insurance-premium-payment-hipp-program

Phone: 1-800-440-0493

UTAH - Medicaid and CHIP

Medicaid Website: https://medicaid.utah.gov/ CHIP Website: http://health.utah.gov/chip

Phone: 1-877-543-7669

VERMONT- Medicaid

Website:

https://dvha.vermont.gov/members/medicaid/hipp-

program

Phone: 1-800-250-8427

VIRGINIA - Medicaid and CHIP

Website: https://coverva.dmas.virginia.gov/learn/premium-

assistance/famis-select

https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-

programs

Phone: 1-800-432-5924

WASHINGTON - Medicaid

Website: https://www.hca.wa.gov/

Phone: 1-800-562-3022

WEST VIRGINIA - Medicaid and CHIP Website: http://mywvhipp.com/ and https://dhhr.wv.gov/bms/ Medicaid Phone: 304-558-1700

CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)

WISCONSIN - Medicaid and CHIP

Website: https://www.dhs.wisconsin.gov/badgercareplus/p-

10095.htm

Phone: 1-800-362-3002

WYOMING - Medicaid

Website:

https://health.wyo.gov/healthcarefin/medicaid/programs-

and-eligibility/ Phone: 800-251-1269

To see if any other states have added a premium assistance program since January 31, 2024, or for more information on

special enrollment rights, contact either:

U.S. Department of Labor
Employee Benefits Security Administration

www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services

www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565

## INSURANCE MARKETPLACE NOTICE

#### **PART A: General Information**

When key parts of the health care law take effect in 2014, there will be a new way to buy health insurance: the Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment-based health coverage offered by your employer.

#### What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away. Open enrollment for health insurance coverage through the Marketplace begins in October 2013 for coverage starting as early as January 1, 2014.

#### Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

#### Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.<sup>1</sup>

**Note:** If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution -as well as your employee contribution to employer-offered coverage - is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

#### **How Can I Get More Information?**

For more information about your coverage offered by your employer, please check your summary plan description or contact Gregory Wilson, Business Administrator at 856-423-2958 ext. 1002 or Conner Strong & Buckelew at 800-797-3500. The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

<sup>1</sup> An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs.

## INSURANCE MARKETPLACE NOTICE CONT.

#### PART B: Information about Health Coverage Offered by Your Employer

This section contains information about any health coverage offered by your employer. If you decide to complete an application for coverage in the Market-place, you will be asked to provide this information. This information is numbered to correspond to the Marketplace application.

3. Employer Name		4. Employer Identificati	on Number (EIN)
East Greenwich Township School District		216-000-259	
5. Employer Address		6. Employer phone number	
559 Kings Highway		856-423-2958	
7. City	ity 8. State		9. Zip Code
Mickleton NJ			08056
10. Who can we contact about employee health coverage at this job?			
Gregory Wilson, Business Administrator			
11. Phone number (if different from above) 12. Email a		12. Email address	
856-423-2958 ext. 1002	wilsong@eastgreenwich.k12.nj.us		

#### Here is some basic information about heath coverage offered by this employer:

- As your employer, we offer a health plan to:
  - All employees. Eligible employees are: Full-time employees working 30 hours or more per week.
- With respect to dependents:
  - We do offer coverage. Eligible dependents are: Spouse, Civil Union, and Young Adults to the end of the calendar year in which they turn age 26.
- This coverage meets the minimum value standard, and the cost of this coverage to you is intended to be affordable, based on employee wages.

If you decide to shop for coverage in the Marketplace, HeathCare.gov will guide you through the process. Here's the employer information you'll enter when you visit HealthCare.gov to find out if you can get a tax credit to lower your monthly premiums.

<sup>\*\*</sup> Even if your employer intends your coverage to be affordable, you may still be eligible for a premium discount through the Marketplace. The Marketplace will use your household income, along with other factors, to determine whether you may be eligible for a premium discount. If, for example, your wages vary week to week (perhaps you are an hourly employee or you work on a commission bases), if you are newly employed mid-year, of if you have other income losses, you may still qualify for the premium discount.



DISCLAIMER: This guide provides a brief summary of the benefits available to you. East Greenwich Board of Education reserves the right to modify, amend, suspend, or terminate any plan, at any time, and for any reason without prior notification. The plans described in this guide are governed by insurance contracts and plan documents, which are available for examination upon request. We have attempted to make the explanations of the plans in this guide as accurate as possible. However, should there be a discrepancy between this guide and the provisions of the insurance contracts or plan documents will govern.